

ATTENTION EDUCATORS!

2010 WILLIAM ALBRECHT MENTAL HEALTH EDUCATION AWARD



The William Albrecht Mental Health Education Award will be given to one teacher who best demonstrates how he or she uses the Sunflower Art Competition to educate students about mental health. This is funded by an annual raffle, which raised \$400 for this year's award. The educator award was established in memory of William Albrecht, a young man who struggled with bipolar disorder and whose life was cut short, but who was inspired by a few exceptional teachers to excel in music, art and writing. NAMI-Yolo wishes to recognize those insightful educators who go beyond the prescribed academic curriculum to foster a culture of inclusion and tolerance, eliminating stigma and allowing all students to blossom in their classrooms.

To qualify for the award, applicants must be an educator whose students have entered the 2010 NAMI-Yolo Sunflower Art Competition. Entries can be individual (each student doing an individual artwork) or a group project (students working together on a single artwork). Part of the project's goals should be to educate students about mental health issues.

Application Guidelines

1. You must be an educator working with any age group of students in a school or a non-school setting.
2. Create an art project with your students which incorporates a sunflower theme. Use the project as a method to educate your students about mental health.
3. Demonstrate how you incorporated mental health education into your sunflower art project by writing a short essay, no longer than one page in length. Include supporting documents such as lesson plans, photos of activities, comments from students etc.
4. Submit your application for the Mental Health Education Award along with your class artwork at the Davis Art Center; 1919 F. St, in Davis either Thursday, May 27th or Friday, May 28th between 2pm-7pm.

This year's award will be presented at the Sunflower Art Reception, Friday June 11th at the Davis Art Center.

Detail from
"Scale Drawings
Marker and Pastel "

6th Grade
Patwin Elementary School,
Davis
Teacher: Sue Britz

Information about the Sunflower Art Competition, entry forms and the Education Award application can be found on the NAMI-Yolo Seeds of Hope website: www.namisunflowers.org. For more information or to have entry forms mailed to you, phone the NAMI Helpline at 530-756-8181.

NAMI-Yolo's hope is that as students become better educated about mental health, there will be a reduction in the myths, misconceptions and prejudices that result in the stigmatization of mental illness. Mental health education can lead to improved recognition, earlier treatment and better outcomes for people who develop a mental illness and for greater understanding and compassion.

